Directions to Corpore Sano Physical Therapy
in the MI Athletic Club

Mapping apps are great, but sometimes they get a bit turned around. Such is the case with “mapped” directions to Corpore Sano Physical Therapy in the MI Athletic Club. Here’s how to find us on Mercer Island, along with helpful wayfinding photos:

Location: MI Athletic Club

Corpore Sano Physical Therapy is inside MI Athletic Club is in the 77 Central Building. Entry to MI Athletic Club in on the corner of 78th Ave SE and SE 27th St, kitty-corner from Umpqua Bank. It is also across from Ace Hardware and next to Menchies.

The 77 Central building sign shows MI Athletic Club at the bottom – that’s where you will find Corpore Sano Physical Therapy.

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Basic directions from Interstate 90

Heading East from Seattle, towards Bellevue:

>> Take I-90 E to 77th Ave SE in Mercer Island
>> Take exit 7A/77th Ave SE from I-90 E
>> At the stop, go right/south on 77th Av SE
>> 77 Central Building will be the first building on your left
>> MI Athletic Club is located on the southeast corner of this building

Heading West from Bellevue, towards Seattle:

>> Take I-90 W to Exit 7/Island Crest Way
>> Go Left/south at the light to Island Crest Way
>> Go Right/west at 4-way stop on SE 27th St
>> Continue 1 block past Tullys Coffee
>> MI Athletic Club is located on the corner of SE 27th St and 78th Ave SE (on your right side)

Parking

There is street parking on the north (Sunset Hwy SE) and east side (78th Ave SE) of the building. Find complimentary for three (3) hour parking within the building. This undercover parking is accessed on the northwest aspect of the building (77th Av SE).

MI Athletic Club has an entry/access to the business from this undercover parking. The entry from the undercover parking is in the southeast aspect of the parking area. You may also access the business from the street at the corner of 78th Ave SE and SE 27th St.